



Westboro's Best for Swimming, Fitness, Tennis & Group Exercise

Pool Schedule Summer 2006

Lap Swim: see below for additional lap times
 M/W/F: 5:30 - 9:00; 10-11; 12:15 - 1:00; 5:00 - 6:00
 T/TH: 5:30 - 6:45; 11:15 - 1:00; 5:00 - 6:00
 Sat: 7:00 - 12:00; 7:00 - 8:30p
 Sun: 7:00 - 1:00; 7:00 - 8:30p

Effective 5/27/06 until 9/4/06 **Family Swim Hours: 11:00 - 8:30pm (M-F) / 10:00 - 8:30 (Sat & Sun)**

LANES	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6
5:30	Closed	Lap Swim 5:30 - 9:00a	Lap Swim 5:30 - 6:45a	Lap Swim 5:30 - 9:00a	Lap Swim 5:30 - 6:45a	Lap Swim 5:30 - 9:00a	Lap Swim (July 1- July 29)	5:30
6:00								6:00
6:30								6:30
7:00	Lap Swim 7:00a - 1:00p	Swim Camp*	Raiders Swim Team (June 27 - August 1)	Swim Camp*	Raiders Swim Team (June 29 - August 3)	Swim Camp*	Raiders Swim Team (July 1- August 5)	7:00
7:30								7:30
8:00								8:00
8:30	Water Fitness	Senior W-Fit	Water Fitness	Senior W-Fit	Water Fitness	Senior W-Fit	Water Fitness	8:30
9:00								9:00
9:30								9:30
10:00	Seniors	Camp Les- sons	P T	Swim Camp*	Seniors	Camp Les- sons	Lap-Swim 9- 12:00	9:00
10:30								9:30
11:00								10:00
11:30	Lap Swim	Swim Camp*	LAP	LAP	Swim Camp*	LAP	Lap Swim	10:30
12:00								11:00
12:30								11:30
1:00	Camp	Camp	Camp	Camp	Camp	Camp	Camp	12:00
1:30								12:30
2:00								1:00
2:30	Swim Camp*	Swim Camp*	Swim Camp*	Swim Camp*	Swim Camp*	Swim Camp*	Swim Camp*	1:30
3:00								2:00
3:30								2:30
4:00	LAP	LAP	LAP	LAP	LAP	LAP	LAP	3:00
4:30								3:30
5:00								4:00
5:30	LAP	LAP	LAP	LAP	LAP	LAP	LAP	4:30
6:00								5:00
6:30								5:30
7:00	Lap Swim	Les- sons	Les- sons	Les- sons	Les- sons	Les- sons	Lap Swim	6:00
7:30								6:30
8:00								7:00
8:30	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness	Water Fitness	7:30
								8:00
								8:30

Camp runs from June 26 - August 25; otherwise times designated "camp lessons" become lap swim

Swim Team runs June 27 until August 5, otherwise designated area becomes lap swim

*Swim Camp: Only runs weeks of July 10, July 24, July 31 and August 7: otherwise designated area is lap swim.

All Club Member Seniors and Silver Sneakers participants may use the club during blocks designated "Seniors" or "Senior Water Fit"

The Club reserves the right to change the schedule at anytime.

Lap lanes may be added upon request depending on usage.