



Westboro's Best for Swimming, Fitness, Tennis & Group Exercise

# Pool Schedule Fall 2006

**Effective 9/9/06 until 11/13/06**

	LAP SWIM	FAMILY SWIM
Sunday	All Day	10:00am-8:00pm
Mon/Wed	No Lap 4:45-7:15	10:15am-4:45pm; 7:15-10pm
Tue/Thur	All Day	10:15am-10:00pm
Friday	No Lap 4:45-7:15	10:15am-4:45pm; 7:15-10pm
Saturday	No Lap 9:30-12:30	12:30-8:00pm

LANES	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6		
5:30	Closed						Closed	5:30	
6:00									6:00
6:30				Masters Swim				Masters Swim	
7:00								7:00	
7:30								7:30	
8:00			Water Fitness			Water Fitness		8:00	
8:30	Water Fitness						Water Fitness	8:30	
9:00				Masters Swim		Masters Swim		9:00	
9:30		Water Fitness			Water Fitness			9:30	
10:00		Flip / Dip		Flip / Dip			Red Cross Swim Lessons	10:00	
10:30		Forever Fit	P/ Tot G/S P T	Forever Fit	P/ Tot	G&S P T			10:30
11:00		Lesson	Lessons	Lesson		NECC			11:00
11:30								11:30	
12:00			h20 walk		h20 walk			12:00	
12:30							LGT and WSI & B-day Parties	12:30	
1:00	B-Day Parties								1:00
1:30			L. Splash	NECC	G/S	NECC			1:30
2:00								2:00	
2:30								2:30	
3:00	B-Day Parties							3:00	
3:30								3:30	
4:00		Aqua Kids		Teen Tone		Teen Tone		4:00	
4:30			Red Cross Swim Lessons		Red Cross Swim Lessons			4:30	
5:00								5:00	
5:30		Raiders Swim Team		Raiders Swim Team		Raiders Swim Team		5:30	
6:00								6:00	
6:30			Water Fitness		Water Fitness			6:30	
7:00		Water Fitness						7:00	
7:30								7:30	
8:00	Closed						Closed Available for Rental	8:00	
8:30	Available for Rental								8:30
9:00									9:00
9:30								9:30	
10:00								10:00	

The Club reserves the right to change the schedule at anytime.