



Massage

Book you
appointment
NOW!

SPORTS MASSAGE: *Sports massage is designed to enhance athletic performance and recovery.*

DEEP TISSUE MASSAGE: *Techniques that utilize deep-tissue/deep-muscle massage are administered to affect the sub-layer of musculature and fascia*

SWEDISH MASSAGE: *Swedish massage is a vigorous system of treatment designed to energize the body by stimulating circulation. Five basic strokes, all flowing toward the heart, are used to manipulate the soft tissues of the body.*

Summer
Special!

Extended
Offer!!

Buy 5 Sessions
Get 1 Free!

One Hour Massage

\$65.00

45 Minute Massage

\$50.00

30 Minute Massage

\$35.00



The Westboro Tennis & Swim Club

35 Chauncy Street, Westborough, MA

01581 508-366-1222

Fitness Center/ Physical Therapy Room

Mon 9-2

Wed 4-9

Sat 8-12

Book your appointment at the Fitness Desk

Purchase your massage at the Front Desk